

MAY

NATIONAL HEALTH OBSERVANCES 2017

Arthritis Awareness Month

Arthritis Foundation
800-283-7800

www.arthritis.org

Live Well, Work Well flyers:

- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis

Better Hearing and Speech Month

American Speech-Language-Hearing Association
800-498-8255

www.asha.org/bhsm

Live Well, Work Well flyers:

- Hearing Loss
- Aphasia

Food Allergy Action Month

Food Allergy Research & Education
800-929-4040

www.foodallergy.org/food-allergy-awareness-week#.U8QvM140caU

Live Well, Work Well flyers:

- Children's Health: Allergies
- Allergies: The Basics

Global Employee Health and Fitness Month

National Association for Health and Fitness
518-465-1058

www.physicalfitness.org

Live Well, Work Well flyers:

- wide variety of nutrition, fitness, smoking cessation and others

Workplace Wellness series

Global Youth Traffic Safety Month

National Organizations for Youth Safety
571-367-7171

<https://noys.org/>

Live Well, Work Well flyers:

- Driver Safety: Distractions

Healthy Vision Month

American Academy of Ophthalmology
415-561-8534

<http://aao.org/eyesmart>

Live Well, Work Well flyers:

- Vision Care series

Hepatitis Awareness Month

Division of Viral Hepatitis, Centers for Disease Control and Prevention
800-232-4636

www.cdc.gov/hepatitis

Live Well, Work Well flyers:

- Child Vaccinations: Hepatitis B
- Hepatitis Overview: Comparing Types A, B and C

International Mediterranean Diet Month

Oldways and the Mediterranean Foods Alliance

www.oldwayspt.org

Live Well, Work Well flyer:

- Popular Diet Trends

Melanoma/Skin Cancer Detection and Prevention Month*

American Academy of Dermatology
866-503-SKIN (7546)

www.spotskincancer.org/

Live Well, Work Well flyers:

- Skin Cancer: Are You Safe in the Sun?
- Tanning Beds

Mental Health Month

Mental Health America
800-969-6642

www.mentalhealthamerica.net/go/may

Live Well, Work Well flyers:

- Mental Health series

National Asthma and Allergy Awareness Month

Asthma and Allergy Foundation of America
800-7-ASTHMA (727-8462)

www.aafa.org/page/asthma-and-allergy-awareness-month.aspx

Live Well, Work Well flyers:

- Asthma: Managing Your Condition
- Children's Health: Asthma
- Children's Health: Allergies

National Osteoporosis Month

National Osteoporosis Foundation
800-231-4222

<http://nof.org/nationalosteoporosismonth>

Live Well, Work Well flyers:

- Osteoporosis
- Women's Health: Preventive Screenings - Part 1

National Physical Fitness and Sports Month

President's Council on Fitness, Sports and Nutrition
240-276-9567

www.fitness.gov

Live Well, Work Well flyer:

- The Benefits of Youth Sports
- Fitness First series

MAY

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National Stroke Awareness Month

Centers for Disease Control and Prevention
800-232-4636

www.cdc.gov/stroke/stroke_awareness_month.htm

Live Well, Work Well flyers:

- Stroke

National Teen Pregnancy Prevention Month

HHS Office of Adolescent Health
240-453-2846

www.advocatesforyouth.org/topics-issues/teen-pregnancy-prevention/1304-tpp

Preeclampsia Awareness Month

Preeclampsia Foundation
800-665-9341

www.preeclampsia.org

Live Well, Work Well flyer:

- Pregnancy: Prenatal Care

Ultraviolet Awareness Month

American Academy of Ophthalmology
415-561-8534

<http://aao.org/eyesmart>

Live Well, Work Well flyers:

- Children's Health: UV Protection
- Vision Care: UV Protection

National Physical Education & Sport Week – May 1-7

SHAPE America

www.shapeamerica.org/events/pesportweek/

Air Quality Awareness Week – May 1-5

National Oceanic and Atmospheric Administration National
Weather Service

Analyze, Forecast and Support Office

<http://www3.epa.gov/airnow/airaware/>

Hand Hygiene Day – May 5

World Health Organization

<http://www.who.int/gpsc/5may/en/>

Live Well, Work Well flyer:

- Hand Hygiene: Stay Healthy

Children's Mental Health Awareness Week – May 7-13

National Federation of Families for Children's Mental Health
240-403-1901

www.ffcmh.org/awarenessweek

Live Well, Work Well flyers:

- Mental Health series

North American Occupational Safety and Health Week – May 7-13

American Society of Safety Engineers
847-699-2929

www.asse.org/newsroom/naosh/what-is-naosh-week/

Live Well, Work Well flyers:

- Manage Fatigue During Work
- Workplace Eye Safety
- Workplace Fire Evacuations
- Workplace Stress

National Stuttering Awareness Week – May 8-14

Stuttering Foundation of America
800-992-9392

www.stutteringhelp.org

National Neuropathy Awareness Week – May 12-16

The Foundation for Peripheral Neuropathy
847-883-9942

www.foundationforpn.org/

Cornelia de Lange Syndrome Awareness Day – May 13

CdLS Foundation
800-753-2357

www.cdlsusa.org

National Alcohol- and Other Drug-related Birth Defects Week – May 14-20

National Council on Alcoholism and Drug Dependence, Inc.
212-269-7797

www.ncadd.org

Live Well, Work Well flyers:

- Children's Health: Birth Defects
- Fetal Alcohol Syndrome

National Women's Health Week – May 14-20

Office on Women's Health
U.S. Department of Health and Human Services
202-690-7650

www.womenshealth.gov/nwghaad/

Live Well, Work Well flyer:

- Women's Health series

National Hurricane Preparedness Week – May 15-21

National Oceanic and Atmospheric Administration National
Weather Service

Analyze, Forecast and Support Office
301-427-9000

www.nws.noaa.gov/om/hurricane/index.shtml

Live Well, Work Well flyer:

- Hurricane Preparation at Home

MAY

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HIV Vaccine Awareness Day – May 18

U.S. Department of Health and Human Services

800-HIV-0440 (800-448-0440)

www.aids.gov/news-and-events/awareness-days/hiv-vaccine-awareness-day/

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

National Asian and Pacific Islander HIV/AIDS Awareness Day – May 19

The Banyan Tree Project

Asian & Pacific Islander Wellness Center

www.banyantreeproject.org

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

World Autoimmune/Autoinflammatory Arthritis Day – May 20

The International Foundation for Autoimmune Arthritis

877-609-4226

www.worldautoimmunearthritisday.org

Live Well, Work Well flyer:

- Autoimmune Disease: Rheumatoid Arthritis

Healthy and Safe Swimming Week – May 22-28

Centers for Disease Control & Prevention

800-CDC-INFO

www.cdc.gov/healthywater/swimming

Live Well, Work Well flyer:

- Swimming Safety

Don't Fry Day – May 26

National Council on Skin Cancer Prevention

301-801-4422

www.skincancerprevention.org/programs/dont-fry-day

Live Well, Work Well flyer:

- Skin Cancer: Are You Safe in the Sun?

Heat Safety Awareness Day – May 26

National Oceanic and Atmospheric Administration National

Weather Service

Analyze, Forecast and Support Office

301-427-9356

www.weather.gov/om/heat/index.shtml

Live Well, Work Well flyer:

- Surviving the Summer Heat
- Fitness First: Avoiding Dehydration

National Senior Health & Fitness Day* – May 31

Mature Market Resource Center

800-828-8225

www.fitnessday.com/

Live Well, Work Well flyers:

- Heart Health and the Elderly
- Staying Healthy for Life

World No Tobacco Day – May 31

WHO Prevention for Noncommunicable Diseases

Noncommunicable Diseases and Mental Health

011-41-21-791-44-26

www.who.int/tobacco/wntd/en

Live Well, Work Well flyer:

- The Dangers of Smokeless Tobacco
- Lung Cancer
- Smoking: Think About Quitting