

# SEPTEMBER

NATIONAL HEALTH OBSERVANCES 2017



## Childhood Cancer Awareness Month

CureSearch for Children's Cancer

800-458-6223

[www.curesearch.org/](http://www.curesearch.org/)

*Live Well, Work Well flyers:*

- Cancer: Learning the Facts
- Fight Cancer with Food
- Surviving Cancer

## Fruit and Veggies—More Matters® Month

Produce for Better Health Foundation

Centers for Disease Control and Prevention

813-929-4994

[www.pbhfoundation.org/](http://www.pbhfoundation.org/)

*Live Well, Work Well flyers:*

- Eat Well, Live Well
- Fruits and Vegetables series

## Healthy Aging Month

American Academy of Ophthalmology

415-561-8534

<http://aao.org/eyesmart>

*Live Well, Work Well flyers:*

- Staying Healthy for Life
- Heart Health and the Elderly

*Prevention Newsletters:*

- Women – Stay Healthy at any Age
- Men – Stay Healthy at any Age

## National Atrial Fibrillation Awareness Month

American Foundation for Women's Health

940-466-9898

[www.stopafib.org](http://www.stopafib.org)

## National Childhood Obesity Awareness Month

American College of Sports Medicine

[www.coam-month.org](http://www.coam-month.org)

*Live Well, Work Well flyers:*

- Children's Health: Obesity
- Obesity: Epidemic Proportions

*Workplace Wellness article:*

- Fighting Childhood Obesity

## National Food Safety Education Month

Partnership for Food Safety Education

202-220-0651

[www.fightbac.org](http://www.fightbac.org)

*Live Well, Work Well flyers:*

- Food Safety

## National ITP Awareness Month

Platelet Disorder Support Association

877-528-3538

[www.pdsa.org/](http://www.pdsa.org/)

## National Pediculosis Prevention Month/Head Lice Prevention Month

National Pediculosis Association, Inc.

617-905-0176

[www.headlice.org](http://www.headlice.org)

*Live Well, Work Well flyer:*

- Children's Health: Head Lice

## National Preparedness Month

Ready Campaign

FEMA/DHS

800-Be-Ready (800-237-3239)

[www.ready.gov/september](http://www.ready.gov/september)

*Live Well, Work Well flyers:*

- Tornado Safety Precautions
- Prepare for a Quake Before It Hits
- Are You Prepared for an Emergency?
- Flood Safety Precautions

## National Recovery Month

Substance Abuse and Mental Health Services Administration

877-726-4727

[www.recoverymonth.gov](http://www.recoverymonth.gov)

*Live Well, Work Well flyer:*

- Substance Abuse
- Know Your Benefits article:*
- Substance Abuse and Your Employee Assistance Program

## National Sickle Cell Month

Sickle Cell Disease Association of America

800-421-8453

[www.sicklecelldisease.org](http://www.sicklecelldisease.org)

*Live Well, Work Well flyers:*

- Sickle Cell Disease

## National Traumatic Brain Injury Awareness Month

The Johnny O Foundation

602-820-7655

[www.thejohnnyo.org](http://www.thejohnnyo.org)

*Live Well, Work Well flyer:*

- Children's Health: Sports Safety

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## National Yoga Awareness Month

Yoga Health Foundation  
310-928-6638

[www.yogamonth.org](http://www.yogamonth.org)

*Live Well, Work Well flyer:*

- The Health Benefits of Yoga

## Newborn Screening Awareness Month

Save Babies Through Screening Foundation Inc.  
888-454-3383

[www.savebabies.org](http://www.savebabies.org)

*Know Your Benefits article:*

- Health Care Reform: Preventive Care Coverage for Children

## Ovarian Cancer Awareness Month

National Ovarian Cancer Coalition  
888-682-7426

[www.ovarian.org/](http://www.ovarian.org/)

*Live Well, Work Well flyer:*

- Women's Health: Ovarian Cancer

## Pain Awareness Month

American Chronic Pain Association  
(800) 533-3231

[www.theacpa.org/September-is-Pain-Awareness-Month](http://www.theacpa.org/September-is-Pain-Awareness-Month)

## Prostate Cancer Awareness Month

ZERO - The End of Prostate Cancer  
888-245-9455

[www.zerocancer.org](http://www.zerocancer.org)

*Live Well, Work Well flyers:*

- Men's Health: Prostate Cancer
- Men's Health: Preventive Screenings – Part 2

## Sepsis Awareness Month

Sepsis Alliance  
619-232-0300

[www.sepsis.org/](http://www.sepsis.org/)

## Sexual Health Awareness Month

American Sexual Health Association  
919-361-8400

[www.ashastd.org/](http://www.ashastd.org/)

## Sports Eye Safety Month

American Academy of Ophthalmology  
415-561-8534

<http://aao.org/eyesmart>

*Live Well, Work Well flyers:*

- Sports Safety: Eye Protection
- Children's Health: Sports Safety

## Whole Grains Month

Whole Grains Council  
617-421-5500

[www.wholegrainscouncil.org/](http://www.wholegrainscouncil.org/)

*Live Well, Work Well flyers:*

- Eat Well, Live Well
  - Food Density and Your Diet
- Employee poster:*
- Benefits of Whole Grains

## World Alzheimer's Month

Alzheimer's Disease International  
011-44-207-981-0880

[www.alz.co.uk/wam](http://www.alz.co.uk/wam)

*Live Well, Work Well flyers:*

- Alzheimer's Disease

## National Suicide Prevention Week – Sept. 10-16

American Association of Suicidology  
202-237-2280

[www.suicidology.org](http://www.suicidology.org)

*Live Well, Work Well flyer:*

- Mental Health: Suicide

## World Suicide Prevention Day – Sept. 10

International Association for Suicide Prevention  
[www.iasp.info/wspd/index.php](http://www.iasp.info/wspd/index.php)

*Live Well, Work Well flyer:*

- Mental Health: Suicide

## National Celiac Disease Awareness Day – Sept. 13

Celiac Support Association  
877-272-4272

[www.csaceliacs.org/ceeliac\\_awareness\\_day.jsp](http://www.csaceliacs.org/ceeliac_awareness_day.jsp)

*Live Well, Work Well flyer:*

- Celiac Disease

## National HIV/AIDS and Aging Awareness Day – Sept. 18

The AIDS Institute  
813-258-5929

[www.NHAAAD.org](http://www.NHAAAD.org)

*Live Well, Work Well flyer:*

- Public Health: HIV/AIDS

## National Farm Safety & Health Week – Sept. 18-24

National Education Center for Agricultural Safety  
888-844-6322

[www.necasag.org](http://www.necasag.org)

*Live Well, Work Well flyers:*

- Eating Organic
- Support Your Local Farmer

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## Malnutrition Awareness Week – Sept. 18-22

American Society for Parenteral and Enteral Nutrition  
610-649-7994

[www.nutritioncare.org/maw/](http://www.nutritioncare.org/maw/)

*Live Well, Work Well flyers:*

- Eat Well, Live Well

## Get Ready Day – Sept. 19

American Public Health Association  
202-777-2742

[www.getreadyforflu.org/newsite.htm](http://www.getreadyforflu.org/newsite.htm)

*Live Well, Work Well flyers:*

- Influenza: Facts About the Flu
- Tornado Safety Precautions
- Fire Safety and Prevention
- Hurricane Preparation at Home
- Flood Safety Precautions

## National School Backpack Awareness Day – Sept. 20

American Occupational Therapy Association  
301-652-6611

[www.aota.org/conference-events/backpack-safety-awareness-day.aspx](http://www.aota.org/conference-events/backpack-safety-awareness-day.aspx)

*Live Well, Work Well flyer:*

- Backpack Safety for those Hefty Loads

*Prevention Newsletter:*

- Back-to-school Basics

## RAINN Day – Sept. 21

Rape, Abuse & Incest National Network (RAINN)  
800-656-HOPE (4673)

National Sexual Assault Hotline

800-544-1034

[www.rainn.org/rainnday](http://www.rainn.org/rainnday)

*Live Well, Work Well flyers:*

- Sexual Assault
- Sexual Harassment in the Workplace

## Falls Prevention Awareness Day – Sept. 22

National Council on Aging  
571-527-3900

[www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-awareness-day/](http://www.ncoa.org/healthy-aging/falls-prevention/falls-prevention-awareness-day/)

## Family Health & Fitness Day USA<sup>®</sup> – Sept. 24

Health Information Resource Center  
800-828-8225

[www.fitnessday.com](http://www.fitnessday.com)

*Live Well, Work Well flyers:*

- Children’s Health: Exercise
- Family Health: Assessment and Action Plan
- Fitness First series

## Sport Purple for Platelets Day – Sept. 25

Platelet Disorder Support Association  
877-528-3538

[www.pdsa.org](http://www.pdsa.org)

## National Women’s Health & Fitness Day – Sept. 27

Health Information Resource Center  
847-816-8660

[www.fitnessday.com](http://www.fitnessday.com)

*Live Well, Work Well flyers:*

- Fitness First series
  - Women’s Health series
- Prevention Newsletter:*
- Women – Stay Healthy at any Age

## World Rabies Day – Sept. 28

Global Alliance for Rabies Control  
570-899-4885

<https://rabiesalliance.org/>

*Live Well, Work Well flyer:*

- Emergency Precautions for Your Pet

## World Heart Day – Sept. 29

World Heart Federation  
011-41-22-807-03-20

[www.worldheart.org](http://www.worldheart.org)

*Live Well, Work Well flyers:*

- Cholesterol and Your Heart Health
- The Heart and Mind Connection
- Heart Disease
- Heart Health and the Elderly