



**Capital BlueCross**

Independent Licensee of the BlueCross BlueShield Association

Made available through:

**Blue365**  
Because health is a big deal®

## Healthways™ Fitness Your Way offers Capital BlueCross customers unlimited fitness membership at nearly 8,000 fitness centers nationwide!

With a Fitness Your Way membership, you can visit any participating fitness location as often as you like.

Locations include select 24 Hour Fitness®, Snap Fitness®, Curves®, Bally Total Fitness®, Gold's Gym®, YMCAs, and many locally owned and operated fitness centers.

Membership is only \$25 a month with a low \$25 enrollment fee and three-month commitment.

You can enroll by logging in to [www.blue365deals.com](http://www.blue365deals.com) and clicking on the Healthways link in the Fitness section. Be sure to have your Capital BlueCross member ID card handy when registering. On the website, you can also easily search for the nearest participating gyms and use Healthways' tools and resources to help you stay on track in meeting your fitness goals.

You may also call **888-242-2060** to enroll. Members must be 18 or older to participate.



## healthways fitness your way

Blue365® offers access to savings on items that members may purchase directly from independent vendors, which are different from items that are covered under your policies with your local Blue company, its contracts with Medicare, or any other applicable federal health care program. To find out what is covered under your policies, call Capital BlueCross. The products and services described herein are neither offered nor guaranteed under Capital BlueCross' contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to Capital BlueCross' grievance process. Blue Cross® and Blue Shield® Association (BCBSA) may receive payments from Blue365 vendors. Neither any local Blue company nor BCBSA recommends, endorses, warrants, or guarantees any specific Blue365 vendor or item.

Healthways is a national vendor that provides solutions to improve health and well-being.

On behalf of Capital BlueCross, Healthways Wholehealth Network, Inc. assists in the administration of fitness programs. Healthways is an independent company.

Health care benefit programs issued or administered by Capital BlueCross and/or its subsidiaries, Capital Advantage Insurance Company®, Capital Advantage Assurance Company® and Keystone Health Plan® Central. Independent licensees of the BlueCross BlueShield Association. Communications issued by Capital BlueCross in its capacity as administrator of programs and provider relations for all companies.